

**Personal Information**

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First Name:

\_\_\_\_\_  
Last Name:

\_\_\_\_\_  
Date of Birth:

\_\_\_\_\_  
Street and House Number:

\_\_\_\_\_  
Zip Code and City:

\_\_\_\_\_  
Phone Number:

\_\_\_\_\_  
Email Address:

\_\_\_\_\_  
How would you like us to contact you:

*\*Your information will not be shared with third parties*

**A – Medical Support**

- Clarification: Understanding a diagnoses
- Help understanding treatment recommendations
- Accompaniment to medical appointments
- Support in obtaining second opinions
- Explanation of medication plans and potential interactions
- Support in organizing assistive devices (e.g., walker, orthotics, oxygen)

**B – Assistance with Applications & Forms**

- Application for long-term care classification / long-term care benefits
- Application for a severe disability ID card / degree of disability
- Appeals against denials by health insurance providers or rehabilitation programs
- Filling out forms for hospitals, therapy, or government agencies
- Application for coverage of costs for innovative therapies / out-of-pocket services

### C – Correspondence & Communication

- Drafting or responding to letters to health insurance providers
- Communication with the Medical Service (MD)
- Assistance with submitting documents
- Clarifying inquiries from authorities or doctors
- Help with communicating with international doctors/clinics (in English)

### D – Organization & Navigation of the Healthcare System

- Assistance in finding suitable doctors or therapy providers
- Support in scheduling appointments
- Organizing medical records
- Assistance with long wait times or denials
- Support in finding support groups or counseling centers
- Clarifying which benefits you are entitled to

### E – Personal Support

- Reducing stress when navigating the healthcare system
- Help making decisions at your own pace
- Support when feeling overwhelmed or uncertain
- Emotional relief in dealing with your illness through clarity
- International Service/English

### F – Digital & International Services

- Help with QR codes for medical reports and imaging
- Bilingual support (German/English):
- Translation of doctor's letters (DE -> EN / EN -> DE)
- Accompaniment/Translation during appointments for English-speaking patients
- Explanation of the German healthcare system
- Communication with foreign hospitals

### G – Your own additions

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